Comparison between the Local Growth References of Indian preschool children aged 0-36 months

and WHO child growth standards, 2006

Ch. Lakshmi Sujatha^a & M. Vishnu Vardhana Rao^b

Abstract

The Present Paper describes the construction of growth reference curves for preschool children of both sex aged 0-36 months of India to establish national growth reference curves which could be used for prevalence studies of malnutrition. Anthropometric data from the National Family Health Survey (NFHS-3), 2005-2006 secondary data of India were taken and state-of-the-art statistical methods were used to construct the local growth reference curves, i.e. Box- Cox power exponential (BCPE) method with appropriate diagnostic tool for the selection of best models, were applied to this local growth reference data. Our objective is to establish growth reference curves for weight for age, height for age and weight for height of girls and boys aged 0-36 months of India and comparing them with that of WHO, CGS 2006.

Key Words: Local Growth References, WHO, CGS 2006, Box- Cox power exponential (BCPE) method

^a Department of Statistics Nizam College Osmania University Hyderabad (Telangana), India

Lakshmisujatha25@gmail.com

^b Scientist-F, NIN, Tarnaka, Hyderabad (Telangana), India

Introduction

As genetic, epigenetic and racial differences affect growth, it is logical to determine local reference charts in the evaluation of health and growth disorders⁽¹⁾. In 2006 WHO launched new child growth standards (CGS)⁽²⁾ in which many statistical and ethnic limitations of previous child growth references have been well taken care. However, WHO-CGS, 2006 does not provide information about actual growth in a given country and will not eliminate the need for prevalence studies⁽³⁾. The aim of the present study was to assess how well Indian preschool children match with, or diverge from WHO-CGS, 2006. It was also observed that different parts of the world studies were made on how their regional growth references differed from WHO-CGS, 2006 ⁽³⁻⁸⁾. The issue is more sensitive when it concerns with preschool children, where early intervention is most advisable. The present study aimed at a study which reveals cut-off points of height for age, weight for age and weight for height for growth monitoring of Indian preschool children aged 0-36 months and comparing them with WHO CGS, 2006.

Methods

Local growth reference data

Usually the reference data on body height and weight cut-off points for growth monitoring and targeting of intervention are based on studies of affluent well-nourished and healthy local populations. The local growth reference data of Indian preschool children is taken to be the same as that of what is considered by Lakshmi Sujatha et al⁽¹⁹⁾.

The Generalized additive model for location scale and shape (GAMLSS) method ⁽¹⁰⁻¹⁶⁾:

The BCPE method, with curve smoothing by cubic splines and penalized B-splines, was selected as the approach for constructing the local growth reference curves. This method is included in a broader methodology, the GAMLSS, which offers a general framework that includes a wide range of known methods for constructing growth curves. The GAMLSS allows for modeling the mean (or median) of the growth variable under consideration as well as other parameters of its distribution that determine scale and shape. Various kinds of distributions can be assumed for each growth variable of interest, from normal to skewed and/or kurtotic distributions. Several smoothing terms can be used in generating the curves, including cubic splines, lowess (locally weighted least squares regression), polynomials, power polynomials and fractional polynomials.

The BCPE distribution is described as

Let Y be a positive random variable having, a BCPE, denoted by BCPE (μ , σ , υ , τ), defined through the transformed random variable Z given by

$$Z = \frac{1}{\upsilon \sigma} \left[\left(\frac{Y}{\mu} \right)^{\upsilon} - 1 \right] \quad \text{if } \upsilon \neq 0 \tag{1}$$

$$=\frac{1}{\sigma}\log\left(\frac{Y}{\mu}\right) \qquad \text{if } \upsilon = 0$$

For $0 \le Y \le \infty$, where $\mu \ge 0$ and $\sigma \ge 0$, and where the random variable Z is assumed to follow a standard power exponential distribution with power parameter, $\tau \ge 0$, treated as a continuous parameter.

The probability density function of Z, a standard power exponential variable, is given by

$$f_{Z}(z) = \frac{\tau}{c^{2\left(1+\frac{1}{\tau}\right)\left(\frac{1}{\tau}\right)}} e^{\left\{-0.5\left\lfloor\frac{z}{c}\right\rfloor^{\tau}\right\}} \text{for}.$$

$$\infty < z < \infty \text{ and } \tau > 0, \text{ where } c^{2} = 2^{\frac{-2}{\tau}} \left(\frac{1}{\tau}\right)^{\frac{1}{\tau}} \left(\frac{3}{\tau}\right)^{-1}$$

For Z mean is 0 and standard deviation is 1.

i) for $\tau = 1$, the density function of Z reduces to

$$f_z(z) = \frac{e^{-\sqrt{2}|z|}}{\sqrt{2}}; -\infty < z < \infty$$

And is that of a Laplace distribution (two sided exponential).

ii) for $\tau = 2$, the density function of Z reduces to

$$f_z(z) = \frac{e^{-z^2}}{\sqrt{2\pi}} ; x < z < \infty$$

And is that of standard normal distribution.

iii) for $\tau \rightarrow \infty$ uniform distribution is the limiting distribution of Z.

from (1) ,the probability density function of Y, a BCPE(μ , σ , υ , τ) random variable, is given by

$$f_{y}(y) = f_{z}(z) \left| \frac{dz}{dy} \right| = \frac{y^{\nu-1}}{\mu^{\nu} \sigma} f_{z}(z)$$

The simplified notation to describe a particular model within the class of the BCPE method is:

BCPE(x=x, df(μ)=n1, df(σ)=n2, df(ν)=n3, df(τ)=n4),

where $df(\cdot)$ are the degrees of freedom for the cubic splines smoothing the respective

parameter curve and x is age (or transformed age) or length/height. Note that when $df(\cdot)=1$, the smoothing function reduces to a constant and when $df(\cdot)=2$, it reduces to a linear function. The GAMLSS software was used to construct the WHO child growth standards. The main selected diagnostic tests and tools are available in this software. The Box-Cox-power-exponential (BCPE) distribution with four parameters — μ (for the median), σ (coefficient of variation), ν (Box-Cox transformation power) and τ (parameter related to kurtosis) — was selected for constructing the Local Growth Reference curves. The BCPE is a flexible distribution that offers the possibility to adjust for kurtosis, thus providing the framework necessary to test if fitting the distribution's fourth moment improves the estimation of extreme percentiles.

Results

The specifications of the BCPE models that provided the best fit to generate the local growth reference curves for Indian preschool children aged 0- 36 months were taken same as that of what is considered by Lakshmi Sujatha et al ⁽¹⁹⁾.

The local growth reference centile charts were constructed (figures 1-6) and local growth reference centiles were computed (tables 1-6) using the best BCPE models for weight for age, height for age and weight for height of both sexes using the GAMLSS package. The above models were checked for goodness of fit using wormplots ⁽¹⁷⁾ and Q test ⁽¹⁸⁾ and the models came up to be reasonably good as we find flat worms. In a wormplot a flat worm indicates that the data follow the assumed distribution in that age group. So the aim of the model fitting process is to 'tame the worms'. If all worms are reasonably flat and are within chance variation, then the model fits quite well.

Figure1: The cut-offs curves WHO and that of local growth reference (Indian pre school children) using GAMLSS method for data of boys weight for age. (aged 0-36 months).



Figure2: The cut-offs curves WHO (red thick upper and lower curves) and that of Indian pre school children data using GAMLSS method (blue thick upper and lower curves) for data of boys height for age. (aged 0-36 months).



Figure3: The cut-offs curves WHO CGS and that of local growth reference (Indian

pre school children) using GAMLSS method for data of boys weight for height (48cm-103cm).



Figure4: The cut-offs curves WHO and that of Local growth reference (Indian preschool children) using GAMLSS method for data of girls weight for age (aged 0-36 months).



Figure5: The cut-offs curves WHO and that of Local growth reference (Indian preschool girls) data using GAMLSS method for height for age (aged 0-36 months).



Figure6: The cut-offs curves WHO and that of Local growth reference (Indian preschool children) using GAMLSS method for data of girls weight for height (48 cm-103 cm).



Table 2: 3^{rd} , 5^{th} , 10^{th} , 20^{th} , 30^{th} , 40^{th} , 50^{th} , 60^{th} , 70^{th} , 80^{th} , 90^{th} , 95^{th} , 97^{th} centiles for Indian preschool boys aged 0-36 months data for weight for age.

$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	age	3rd centile	5th centile	10th centile	20th centile	30th centile	40th centile	50th centile	60th centile	70th centi	80th centil	90th centi	95th centil	97th centi
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	0	2.7	2.8	2.9	3.0	3.2	3.3	3.5	3.6	3.8	4.0	4.2	4.4	4.5
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	1	3.1	3.2	3.4	3.6	3.8	4.0	4.1	4.3	4.5	4.7	5.0	5.2	5.4
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	2	4.3	4.3	4.5	4.7	4.9	5.0	5.2	5.3	5.5	5.7	6.1	6.3	6.5
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	3	5.0	5.1	5.3	5.4	5.6	5.8	5.9	6.1	6.3	6.5	6.8	7.1	7.3
	4	5.6	5.7	5.8	6.0	6.2	6.3	6.5	6.7	6.8	7.1	7.4	7.7	7.9
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	5	6.1	6.1	6.3	6.5	6.6	6.8	6.9	7.1	7.3	7.6	7.9	8.2	8.4
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	6	6.4	6.5	6.6	6.8	7.0	7.1	7.3	7.5	7.7	8.0	8.3	8.6	8.8
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	7	6.7	6.8	6.9	7.1	7.3	7.5	7.6	7.8	8.1	8.3	8.7	9.0	9.2
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	8	7.0	7.1	7.2	7.4	7.6	7.7	7.9	8.1	8.4	8.6	9.0	9.3	9.6
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	9	7.2	7.3	7.5	7.7	7.8	8.0	8.2	8.4	8.6	8.9	9.3	9.6	9.9
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	10	7.5	7.5	7.7	7.9	8.1	8.2	8.4	8.6	8.9	9.2	9.6	9.9	10.2
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	11	7.7	7.8	7.9	8.1	8.3	8.5	8.7	8.9	9.1	9.4	9.8	10.2	10.5
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	12	7.9	8.0	8.1	8.3	8.5	8.7	8.9	9.1	9.4	9.7	10.1	10.5	10.7
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	13	8.1	8.1	8.3	8.5	8.7	8.9	9.1	9.3	9.6	9.9	10.3	10.7	11.0
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	14	8.2	8.3	8.5	8.7	8.9	9.1	9.3	9.5	9.8	10.1	10.6	11.0	11.2
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	15	8.4	8.5	8.6	8.9	9.1	9.3	9.5	9.7	10.0	10.3	10.8	11.2	11.4
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	16	8.6	8.7	8.8	9.0	9.2	9.4	9.7	9.9	10.2	10.5	11.0	11.4	11.7
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	17	8.7	8.8	9.0	9.2	9.4	9.6	9.8	10.1	10.4	10.7	11.2	11.6	11.9
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	18	8.9	9.0	9.1	9.4	9.6	9.8	10.0	10.3	10.6	10.9	11.4	11.8	12.1
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	19	9.1	9.1	9.3	9.5	9.7	10.0	10.2	10.4	10.7	11.1	11.6	12.0	12.3
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	20	9.2	9.3	9.5	9.7	9.9	10.1	10.4	10.6	10.9	11.3	11.8	12.2	12.5
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	21	9.4	9.5	9.6	9.8	10.1	10.3	10.5	10.8	11.1	11.5	12.0	12.4	12.7
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	22	9.5	9.6	9.8	10.0	10.2	10.4	10.7	11.0	11.3	11.6	12.2	12.6	12.9
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	23	9.7	9.8	9.9	10.2	10.4	10.6	10.9	11.1	11.4	11.8	12.4	12.8	13.1
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	24	9.8	9.9	10.1	10.3	10.5	10.8	11.0	11.3	11.6	12.0	12.5	13.0	13.3
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	25	10.0	10.1	10.2	10.5	10.7	10.9	11.2	11.5	11.8	12.2	12.7	13.2	13.5
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	26	10.1	10.2	10.4	10.6	10.9	11.1	11.4	11.6	12.0	12.4	12.9	13.4	13.7
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	27	10.3	10.4	10.5	10.8	11.0	11.3	11.5	11.8	12.1	12.5	13.1	13.6	13.9
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	28	10.4	10.5	10.7	10.9	11.2	11.4	11.7	12.0	12.3	12.7	13.3	13.8	14.1
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	29	10.6	10.7	10.8	11.1	11.3	11.6	11.8	12.1	12.5	12.9	13.5	14.0	14.3
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	30	10.7	10.8	11.0	11.2	11.5	11.7	12.0	12.3	12.6	13.1	13.6	14.1	14.5
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	31	10.8	10.9	11.1	11.4	11.6	11.9	12.1	12.5	12.8	13.2	13.8	14.3	14.6
33 11.1 11.2 11.4 11.6 11.9 12.2 12.4 12.8 13.1 13.5 14.1 14.7 15.0 34 11.2 11.3 11.6 11.9 12.3 12.6 12.9 13.3 14.1 14.7 15.0 35 11.4 11.6 11.9 12.2 12.4 12.9 13.3 13.4 14.1 14.6 15.0 36 11.4 11.6 11.9 12.2 12.4 12.7 13.0 13.4 13.8 14.5 15.0 15.3 36 11.4 11.6 11.9 12.2 12.4 12.7 13.0 13.4 13.8 14.5 15.0 15.3 36 11.6 11.8 12.0 12.4 12.7 13.0 13.4 13.4 14.5 15.0 15.1 36 11.6 11.8 12.0 12.8 13.2 13.6 14.6 15.1 15.6	32	11.0	11.1	11.2	11.5	11.8	12.0	12.3	12.6	13.0	13.4	14.0	14.5	14.8
34 11.2 11.3 11.5 11.8 12.0 12.3 12.6 12.9 13.3 13.7 14.3 14.8 15.7 35 11.4 11.5 11.6 11.9 12.2 12.4 12.7 13.0 13.4 13.8 14.5 15.0 15.3 36 11.5 11.6 11.9 12.2 12.4 12.7 13.0 13.4 13.8 14.5 15.0 15.3 36 11.5 11.6 11.8 12.0 12.8 13.2 13.5 14.0 14.6 15.1 15.4	33	11.1	11.2	11.4	11.6	11.9	12.2	12.4	12.8	13.1	13.5	14.1	14.7	15.0
35 11.4 11.5 11.6 11.9 12.2 12.4 12.7 13.0 13.4 13.8 14.5 15.0 15.3 36 11.5 11.6 11.8 12.0 12.3 12.6 12.8 13.2 13.5 14.6 15.1 15.6	34	11.2	11.3	11.5	11.8	12.0	12.3	12.6	12.9	13.3	13.7	14.3	14.8	15.2
36 11.6 11.8 12.0 12.3 12.6 12.8 13.2 13.5 14.0 14.6 15.1 15.4	35	11.4	11.5	11.6	11.9	12.2	12.4	12.7	13.0	13.4	13.8	14.5	15.0	15.3
	36	11.5	11.6	11.8	12.0	12.3	12.6	12.8	13.2	13.5	14.0	14.6	15.1	15.5

Table 3: 3^{rd} , 5^{th} , 10^{th} , 20^{th} , 30^{th} , 40^{th} , 50^{th} , 60^{th} , 70^{th} , 80^{th} , 90^{th} , 95^{th} , 97^{th} centiles for Indian preschoolboys aged 0-36 months for height for age.

age	3rd centile	5th centile	10th centile	20th centile	30th centile	40th centile	50th centile	60th centile	70th centil	80th centil	90th centil	95th centil	97th centile
0	47.9	48.2	48.7	49.4	49.9	50.5	51.0	51.6	52.2	53.0	54.1	55.0	55.7
1	50.1	50.6	51.3	52.2	53.0	53.7	54.3	55.0	55.7	56.5	57.5	58.3	58.8
2	54.1	54.5	55.2	56.1	56.8	57.5	58.1	58.8	59.5	60.2	61.2	61.9	62.4
3	57.3	57.7	58.3	59.1	59.8	60.5	61.1	61.8	62.4	63.2	64.1	64.9	65.3
4	59.7	60.1	60.7	61.5	62.1	62.8	63.4	64.0	64.7	65.5	66.4	67.1	67.6
5	61.7	62.1	62.6	63.4	64.0	64.6	65.3	65.9	66.6	67.3	68.3	69.0	69.5
6	63.4	63.7	64.3	65.0	65.6	66.2	66.8	67.5	68.1	68.9	69.9	70.6	71.1
7	64.9	65.2	65.7	66.4	67.0	67.6	68.2	68.8	69.5	70.3	71.3	72.1	72.6
8	66.3	66.5	67.0	67.7	68.3	68.8	69.4	70.1	70.8	71.6	72.6	73.4	73.9
9	67.5	67.8	68.2	68.9	69.4	70.0	70.6	71.3	72.0	72.7	73.8	74.6	75.2
10	68.7	68.9	69.4	70.0	70.5	71.1	71.7	72.4	73.1	73.9	75.0	75.8	76.4
11	69.8	70.0	70.4	71.0	71.6	72.1	72.7	73.4	74.1	74.9	76.1	77.0	77.6
12	70.8	71.0	71.4	72.0	72.6	73.1	73.7	74.4	75.1	76.0	77.1	78.1	78.7
13	71.8	72.0	72.4	73.0	73.5	74.1	74.7	75.3	76.1	76.9	78.1	79.1	79.8
14	72.7	72.9	73.3	73.9	74.4	75.0	75.6	76.2	77.0	77.9	79.2	80.2	80.9
15	73.7	73.9	74.2	74.8	75.3	75.9	76.5	77.2	77.9	78.9	80.2	81.3	82.0
16	74.6	74.8	75.2	75.7	76.2	76.8	77.4	78.1	78.9	79.8	81.2	82.3	83.1
17	75.6	75.8	76.1	76.7	77.2	77.8	78.4	79.1	79.9	80.8	82.2	83.3	84.1
18	76.5	76.7	77.0	77.6	78.1	78.7	79.3	80.0	80.8	81.8	83.2	84.4	85.2
19	77.4	77.6	77.9	78.5	79.0	79.6	80.2	80.9	81.7	82.7	84.1	85.3	86.1
20	78.2	78.4	78.8	79.3	79.8	80.4	81.0	81.7	82.6	83.6	85.0	86.2	87.0
21	79.0	79.2	79.6	80.1	80.6	81.2	81.8	82.5	83.4	84.4	85.8	87.1	87.9
22	79.8	80.0	80.3	80.9	81.4	82.0	82.6	83.3	84.2	85.2	86.6	87.9	88.8
23	80.5	80.7	81.1	81.6	82.1	82.7	83.4	84.1	84.9	86.0	87.5	88.7	89.6
24	81.2	81.4	81.8	82.3	82.9	83.4	84.1	84.8	85.7	86.8	88.3	89.6	90.5
25	81.9	82.1	82.5	83.0	83.6	84.2	84.8	85.6	86.5	87.6	89.1	90.4	91.3
26	82.6	82.8	83.2	83.7	84.3	84.9	85.6	86.3	87.2	88.4	89.9	91.3	92.2
27	83.3	83.5	83.9	84.4	85.0	85.6	86.3	87.1	88.0	89.1	90.8	92.1	93.0
28	84.0	84.2	84.5	85.1	85.7	86.3	87.0	87.8	88.8	89.9	91.6	93.0	93.9
29	84.7	84.9	85.2	85.8	86.4	87.0	87.7	88.6	89.5	90.7	92.4	93.8	94.7
30	85.3	85.5	85.9	86.5	87.0	87.7	88.4	89.3	90.3	91.5	93.2	94.6	95.5
31	86.0	86.1	86.5	87.1	87.7	88.4	89.1	90.0	91.0	92.2	93.9	95.4	96.3
32	86.6	86.8	87.1	87.7	88.4	89.0	89.8	90.7	91.7	93.0	94.7	96.1	97.1
33	87.2	87.4	87.7	88.4	89.0	89.7	90.5	91.4	92.4	93.7	95.4	96.9	97.9
34	87.8	88.0	88.3	89.0	89.6	90.3	91.1	92.0	93.1	94.4	96.2	97.7	98.6
35	88.4	88.6	88.9	89.6	90.2	91.0	91.8	92.7	93.8	95.1	96.9	98.4	99.4
36	89.0	89.1	89.5	90.2	90.8	91.6	92.4	93.3	94.5	95.8	97.6	99.1	100.1

$Table \; 4:\; 3^{rd}, \; 5^{th}, \; 10^{th}, \; 20^{th}, \; 30^{th}, \; 40^{th}, \; 50^{th}, \; 60^{th}, \; 70^{th}, \; 80^{th}, \; 90^{th}, \; 95^{th}, \; 97^{th} \; centiles \; for \; Indian \; preschool \; boys$

(height in range 48cm-103cm) data for weight for height.

ht(in cm)	3rd centile	5th centile	10th centile	20th centile	30th centile	40th centile	50th centil	e 60th centile	70th centi	80th centi	il 90th centil	95th centi	97th centil
48	2.4	2.4	2.5	2.5	2.6	2.6	2.7	2.5	2.9	3.1	3.2	3.3	3.4
40.5	2.6	2.6	2.6	2.0	2.8	2.8	2.9	3.0	3.1	3.3	3 3.5	3.6	3.7
49.5	2.7	2.7	2.7	2.8	2.9	3.0	3.0	3.1	3.3	3.4	1 3.6	3.7	3.8
50	2.8	2.8	3 2.8	2.9	3.0	3.1	3.1	3.2	3.4	3.5	5 3.7	3.8	3.9
50.5	2.9	2.9	3.0	3.0	3.1	3.2	3.3	3 J.4 1 3 F	3.5	3.5) <u>3.8</u> 7 3.9	3.9	4.0
51.5	3.1	3.1	3.2	3.2	3.3	3.4	3.6	3.6	3.7	3.9	3 4.1	4.2	4.3
52	3.2	3.2	2 3.3	3.3	3.4	3.5	3.6	6 3.7	3.8	4.0	4.2	4.3	4.4
52.5	3.3	3.3	3.4	3.4	3.5	3.6	3.7	3.8	3.9	4.1	4.3	4.4	4.5
53	3.4	3.4	3.5	3.6	3.6	3.7	3.8	3.9	4.1	4.2	2 4.4	4.6	4.6
53.5	3.5	3.6	3.0	3.7	3.7	3.0		4.1	4.2	4.4	4.6	4.7	4.0
54.5	3.8	3.6	3.8	3.9	4.0	4.1	4.2	2 4.3	4.4	4.6	4.8	5.0	5.0
55	3.9	3.9	3.9	4.0	4.1	4.2	4.3	3 4.4	4.6	4.7	5.0	5.1	5.2
55.5	4.0	4.0) 4.1	4.1	4.2	4.3	4.4	4.E	4.7	4.9	5.1	5.2	5.3
56	4.1	4.1	4.2	4.3	4.4	4.5	4.6	5 4.7 I 4.7	4.9	5.0	5.2	5.4	5.5
57	4.2	4.0	4.5	4.4	4.5	4.0	4.7	3 50	5.0	5.2	3 55	5.5	5.8
57.5	4.5	4.5	4.6	4.7	4.8	4.9	5.0	5.1	5.3	5.5	5 5.7	5.8	5.9
58	4.6	4.7	4.7	4.8	4.9	5.0	5.1	5.3	5.4	5.8	5.8	6.0	6.1
58.5	4.8	4.8	3 4.8	4.9	5.0	5.1	5.3	5.4	5.6	5.7	7 6.0	6.1	6.2
59	4.9	4.9	5.0	5.1	5.2	5.3	5.4	5.6	5.7	5.5	9 6.1	6.3	6.4
60	5.1	5.2	5.2	5.3	5.4	5.6	5.2	5.6	6.0	6.2	2 6.4	6.6	6.7
60.5	5.3	5.3	5.4	5.5	5.6	5.7	5.8	8 6.0	6.1	6.3	6.6	6.7	6.8
61	5.4	5.4	5.5	5.6	5.7	5.8	6.0	6.1	6.3	6.5	5 6.7	6.9	7.0
61.5	5.5	5.6	5.6	5.7	5.8	6.0	6.1	6.2	6.4	6.6	6.9	7.0	7.1
62	5.6	5.7	5.7	5.8	6.0	6.1	6.2	2 6.4	6.5	6.7	7.0	7.2	7.3
62.5	5.7	5.0	0.0	6.0	6.1	6.2	6.5	5 6.5 5 6.6	6.7	5.5	2 7.1	7.3	7.4
63.5	6.0	6.0	6.1	6.2	6.3	6.4	6.6	6.7	6.9	7.1	7.4	7.6	7.7
64	6.1	6.1	6.2	6.3	6.4	6.5	6.7	6.9	7.0	7.2	2 7.5	7.7	7.8
64.5	6.2	6.2	2 6.3	6.4	6.5	6.7	6.8	3 7.0	7.1	7.4	1 7.6	7.8	7.9
65	6.3	6.3	6.4	6.5	6.6	6.8	6.9	7.1	7.3	7.5	5 7.7	7.9	8.1
65.5	6.4	6.4	6.5	6.6	6.7	6.9	7.0	7.2	7.4	7.6	7.9	8.1	8.2
66 5	6.6	6.5 R R) 6.6) 6.7	6.7	8.d A A	7.0	7.1	2.3 2 7 A	7.5	7.6	8.0	8.2	8.3
67	6.7	6.7	6.8	6.9	7.0	7.2	7.3	3 7.5	7.7	7.9	3 8.2	8.4	8.6
67.5	6.8	6.8	6.9	7.0	7.2	7.3	7.6	5 7.E	7.8	8.1	8.4	8.6	8.7
68	6.9	6.9	7.0	7.1	7.3	7.4	7.6	δ 7.7	7.9	8.2	2 8.5	8.7	8.8
68.5	7.0	7.0	7.1	7.2	7.4	7.5	7.7	7.9	8.1	8.3	8.6	8.8	9.0
69 EQ E	7.1	7.1	7.2	7.3	7.5	7.6	7.8) 8.C	8.2	8.4	+ 8.7	9.0	9.1
70	7.2	7.2	7.3	7.4	7.6	7.8	7.3	, 82	8.4	87	7 9 0.9	9.1	9.2
70.5	7.4	7.4	7.5	7.7	7.8	8.0	8.1	8.3	8.5	8.8	9.1	9.4	9.5
71	7.5	7.5	5 7.6	7.8	7.9	8.1	8.2	2 8.4	8.6	8.9	9.2	9.5	9.7
71.5	7.6	7.E	6 7.7	7.9	8.0	8.2	8.4	8.5	8.8	9.0	9.4	9.6	9.8
72	7.7	7.7	7.8	8.0	8.1	8.3	8.5	8.7	8.9	9.1	9.5	9.8	9.9
72.5	7.8	7.8	3 7.9	8.1	8.2	8.4	8.6	5 8.8	9.0	9.3	9.6	9.9	10.1
73.5	7.9	7.8	0.0	0.2	0.3	0.5	0.7	0.8	9.1	9.4	9.7	10.0	10.2
74	8.0	8.1	8.2	8.4	8.5	8.7	8.9	9.1	9.3	9.6	5 10.0	10.3	10.4
74.5	8.1	8.2	8.3	8.5	8.6	8.8	9.0	9.2	9.4	9.7	7 10.1	10.4	10.6
75	8.2	8.3	8.4	8.6	8.7	8.9	9.1	9.3	9.5	9.8	3 10.2	10.5	10.7
75.5	8.3	8.4	8.5	8.7	8.8	9.0	9.2	2 9.4	9.7	9.9	10.3	10.6	10.8
76	8.4	8.5	8.6	8.8	8.9	9.1	9.3	9.5	9.8	10.0	J 10.4	10.7	10.9
70.5	8.6	8.7	88	9.0	9.0	9.2	9.4	97	10.0	10.1	2 10.5	10.0	11.0
77.5	8.7	8.8	8.9	9.1	9.2	9.4	9.6	9.8	10.1	10.3	10.7	11.0	11.3
78	8.8	8.8	3 9.0	9.2	9.3	9.5	9.7	9.9	10.2	10.4	1 10.8	11.1	11.4
78.5	8.9	8.9	9.1	9.2	9.4	9.6	9.8	3 10.C	10.3	10.5	5 10.9	11.3	11.5
79	8.9	9.0	9.1	9.3	9.5	9.7	9.9	9 10.1	10.4	10.6	6 11.0	11.4	11.6
79.5	9.0	9.1	9.2	9.4	9.6	9.0	10.0	10.2	10.4	10.7	11.1	11.5	11.7
80.5	9.2	9.3	9.4	9.6	9.8	10.0	10.2	2 10.4	10.6	10.9	11.2	11.7	11.9
81	9.3	9.4	9.5	9.7	9.9	10.1	10.3	3 10.5	i 10.7	11.0	11.4	11.8	12.0
81.5	9.4	9.5	5 9.6	9.8	10.0	10.2	10.4	10.6	10.8	11.1	11.5	11.9	12.1
82	9.5	9.E	9.7	9.9	10.1	10.3	10.5	5 10.7		11.2	2 11.7	12.0	12.2
83	9.6	9.7	3.0	10.0	10.2	10.4	10.6	10.0	11.1	11.4	11.0	12.1	12.3
83.5	9.8	9.9	10.0	10.2	10.4	10.6	10.8	3 11.0	11.3	11.6	5 12.0	12.3	12.6
84	9.9	10.0	10.1	10.3	10.5	10.7	10.9	11.1	11.4	11.7	7 12.1	12.4	12.7
84.5	10.0	10.1	10.2	10.4	10.6	10.8	11.0	11.3	11.5	11.8	3 12.2	12.6	12.8
85 95 7	10.1	10.2	10.3	10.6	10.7	10.9	11.2	2 11.4	11.6	11.9	12.3	12.7	12.9
88	10.2	10.3	10.5	10.7	11.9	11.7	11.3	11.5	11.0	12.1	2 12.5	12.0	13.0
86.5	10.5	10.5	5 10.7	10.9	11.1	11.3	11.5	5 11.7	12.0	12.3	3 12.7	13.1	13.3
87	10.6	10.6	6 10.8	11.0	11.2	11.4	11.6	6 11.9	12.1	12.4	1 12.8	13.2	13.4
87.5	10.7	10.8	10.9	11.1	11.3	11.5	11.7	12.0	12.2	12.5	5 13.0	13.3	13.5
88	10.8	10.9	11.0	11.2	11.4	11.6	11.5	12.1	12.4	12.7	13.1	13.4	13.7
89	11.0	11.1	11 3	11.4	11.0	11.0	12.0	12.2	12.5	12.0	13.2	13.6	13.9
89.5	11.1	11.2	2 11.4	11.6	11.8	12.0	12.2	2 12.5	12.7	13.0	13.5	13.8	14.0
90	11.2	11.3	3 11.5	11.7	11.9	12.1	12.3	3 12.E	12.8	13.2	2 13.6	13.9	14.2
90.5	11.3	11.4	11.6	11.8	12.0	12.2	12.5	5 12.7	13.0	13.3	3 13.7	14.1	14.3
91	11.4	11.5	11.7	11.9	12.1	12.3	12.6	12.6	13.1	13.4	13.8	14.2	14.4
91.5	11.5	11.6	11.8	12.0	12.2	12.5	12.7	12.9	13.2	13.5	5 13.9	14.3	14.5
92.5	11.8	11 8	12 0	12.1	12.4	12.0	12.0	13.0	13.4	13.6	7 14.7	14.4	14.8
93	11.9	12.0	12.1	12.4	12.6	12.8	13.0	13.3	13.5	13.9	9 14.3	14.7	14.9
93.5	12.0	12.1	12.2	12.5	12.7	12.9	13.1	13.4	13.6	14.0	14.4	14.8	15.0
94	12.1	12.2	12.3	12.6	12.8	13.0	13.2	2 13.5	13.8	14.1	14.5	14.9	15.1
94.5	12.2	12.3	12.4	12.7	12.9	13.1	13.3	5 13.E	13.9	14.2	2 14.7	15.0	15.3
95	12.3	12.4	12.5	1∠.8	13.0	13.2	13.5	13.7	14.0	14.3	14.8 1 14.9	15.2	15.4
96	12.5	12.0	12.0	13.0	13.2	13.4	13.7	13.9	14.2	14 F	5 15 0	15.4	15.7
96.5	12.6	12.7	12.8	13.1	13.3	13.6	13.8	3 14.1	14.3	14.7	7 15.2	15.5	15.8
97	12.7	12.8	3 13.0	13.2	13.4	13.7	13.9	9 14.2	14.5	14.8	3 15.3	15.7	15.9
97.5	12.8	12.9	13.1	13.3	13.6	13.8	14.0	J 14.3	14.6	14.9	15.4	15.8	16.1
98	12.9	13.0	13.2	13.4	13.7	13.9	14.1	14.4	14.7	15.1	15.5	15.9	16.2
90.5	13.0	13.1	13.5	13.5	13.9	14.0	14.3	14.5	15.0	15.2	15.7	16.7	16.5
99.5	13.2	13.3	13.5	13.8	14.0	14.2	14.6	5 14.8	15.1	15.4	1 15.9	16.3	16.6
100	13.3	13.4	13.6	13.9	14.1	14.4	14.6	6 14.9	15.2	15.6	6 16.1	16.5	16.8
100.5	13.4	13.5	13.7	14.0	14.2	14.5	14.7	15.0	15.3	15.7	16.2	16.6	16.9
101 5	13.5	13.6	13.8	14.1	14.3	14.6	14.9	15.1	15.4	15.8	s 16.3	16.7	17.0
101.5	13.6	13.7	13.9	14.2	14.5	14.7	15.0	15.3	15.6	15.5	10.4	16.9	17.2
102.5	13.8	13.9	14.0	14.4	14.7	14.9	15 2	2 15 5	15.8	16 2	2 16.7	17.1	17.4
103	13.9	14.0	14.2	14.5	14.8	15.0	15.3	3 15.E	15.9	16.3	3 16.8	17.3	17.6

Table 5: 3rd, 5th, 10th, 20th, 30th, 40th, 50th, 60th, 70th, 80th, 90th, 95th, 97th centiles for Indian preschool girls

aged 0-36	months	data for	weight for	age.
0			0 0	0

age	3rd centile	5th centile	10th centile	e 20th centile 3	30th centile	40th centile	50th centile	60th centile	70th centil	80th centil	90th centil	95th centil	97th centile
0	2.5	2.6	2.8	3.0	3.1	3.2	3.3	3.4	3.6	3.7	4.0	4.2	4.4
1	2.9	3.0	3.2	3.4	3.6	3.7	3.9	4.1	4.3	4.5	4.8	5.0	5.1
2	2 3.8	3.9	4.1	4.3	4.5	4.6	4.8	5.0	5.2	5.4	5.7	5.9	6.1
3	4.5	4.6	4.7	4.9	5.1	5.3	5.4	5.6	5.8	6.0	6.4	6.6	6.8
4	5.0	5.1	5.3	5.4	5.6	5.8	5.9	6.1	6.3	6.6	6.9	7.1	7.3
5	5 5.5	5.5	5.7	5.9	6.0	6.2	6.4	6.5	6.7	7.0	7.3	7.6	7.8
6	5.8	5.9	6.0	6.2	6.4	6.5	6.7	6.9	7.1	7.4	7.7	8.0	8.2
7	6.1	6.2	6.3	6.5	6.7	6.8	7.0	7.2	7.4	7.7	8.1	8.4	8.6
8	6.4	6.4	6.6	6.8	6.9	7.1	7.3	7.5	7.7	8.0	8.4	8.7	8.9
9	6.6	6.7	6.8	7.0	7.2	7.3	7.5	7.7	8.0	8.3	8.6	9.0	9.2
10	6.8	6.9	7.0	7.2	7.4	7.6	7.8	8.0	8.2	8.5	8.9	9.2	9.5
11	7.0	7.1	7.2	7.4	7.6	7.8	8.0	8.2	8.4	8.7	9.1	9.5	9.7
12	? 7.2	7.3	7.4	7.6	7.8	8.0	8.2	8.4	8.7	9.0	9.4	9.7	10.0
13	3 7.4	7.4	7.6	7.8	8.0	8.2	8.4	8.6	8.9	9.2	9.6	10.0	10.2
14	7.5	7.6	7.8	8.0	8.2	8.4	8.6	8.8	9.1	9.4	9.8	10.2	10.5
15	5 7.7	7.8	7.9	8.1	8.3	8.5	8.8	9.0	9.3	9.6	10.0	10.4	10.7
16	5 7.9	8.0	8.1	8.3	8.5	8.7	8.9	9.2	9.5	9.8	10.3	10.7	10.9
17	8.0	8.1	8.3	8.5	8.7	8.9	9.1	9.4	9.7	10.0	10.5	10.9	11.2
18	8.2	8.3	8.4	8.7	8.9	9.1	9.3	9.6	9.9	10.2	10.7	11.1	11.4
19	8.4	8.5	8.6	8.8	9.1	9.3	9.5	9.8	10.1	10.4	10.9	11.4	11.7
20	8.5	8.6	8.8	9.0	9.2	9.4	9.7	10.0	10.3	10.6	11.2	11.6	11.9
21	8.7	8.8	8.9	9.2	9.4	9.6	9.9	10.1	10.5	10.8	11.4	11.8	12.1
22	2 8.9	9.0	9.1	9.4	9.6	9.8	10.0	10.3	10.6	11.0	11.6	12.0	12.4
23	9.0	9.1	9.3	9.5	9.7	10.0	10.2	10.5	10.8	11.2	11.8	12.3	12.6
24	9.2	9.3	9.4	9.7	9.9	10.1	10.4	10.7	11.0	11.4	12.0	12.5	12.8
25	5 9.4	9.4	9.6	9.8	10.1	10.3	10.6	10.9	11.2	11.6	12.2	12.7	13.0
28	9.5	9.6	9.8	10.0	10.2	10.5	10.7	11.0	11.4	11.8	12.4	12.9	13.3
27	9.7	9.8	9.9	10.2	10.4	10.6	10.9	11.2	11.5	12.0	12.6	13.1	13.5
28	9.8	9.9	10.1	10.3	10.6	10.8	11.1	11.4	11.7	12.1	12.7	13.3	13.7
29	9 10.0	10.1	10.2	10.5	10.7	11.0	11.2	11.5	11.9	12.3	12.9	13.5	13.9
30	10.1	10.2	10.4	10.6	10.9	11.1	11.4	11.7	12.0	12.5	13.1	13.7	14.1
31	10.3	10.4	10.5	10.8	11.0	11.3	11.5	11.8	12.2	12.6	13.3	13.9	14.2
32	2 10.4	10.5	10.7	10.9	11.2	11.4	11.7	12.0	12.4	12.8	13.5	14.0	14.4
33	10.6	10.7	10.8	11.1	11.3	11.6	11.8	12.1	12.5	13.0	13.6	14.2	14.6
34	10.7	10.8	11.0	11.2	11.4	11.7	12.0	12.3	12.7	13.1	13.8	14.4	14.8
35	5 10.8	10.9	11.1	11.3	11.6	11.8	12.1	12.4	12.8	13.3	14.0	14.6	15.0
38	i 11.0	11.1	11.2	11.5	11.7	12.0	12.3	12.6	13.0	13.4	14.1	14.7	15.2

Table 6: 3rd, 5th, 10th, 20th, 30th, 40th, 50th, 60th, 70th, 80th, 90th, 95th, 97th centiles for Indian preschool girls

aged 0-36 months for height for age.

age	3rd centile	5th centile	10th centile	20th centile	30th centile	40th centile	50th centile	60th centile	70th centil	80th centil	90th centil	95th centil	97th centil
0	45.3	46.4	47.8	49.2	50.0	50.5	51.0	51.5	52.0	52.7	53.7	54.6	55.3
1	48.6	49.1	50.0	51.1	51.9	52.6	53.3	54.0	54.6	55.4	56.4	57.1	57.6
2	52.7	53.1	53.8	54.8	55.6	56.3	56.9	57.6	58.3	59.1	60.1	60.8	61.3
3	55.5	55.9	56.5	57.4	58.1	58.8	59.5	60.1	60.8	61.6	62.6	63.4	63.9
4	57.8	58.1	58.7	59.5	60.2	60.8	61.5	62.2	62.9	63.7	64.7	65.5	66.0
5	59.7	60.0	60.6	61.4	62.0	62.7	63.3	64.0	64.7	65.5	66.5	67.3	67.8
6	61.5	61.8	62.3	63.0	63.7	64.3	65.0	65.6	66.4	67.2	68.2	69.0	69.6
7	63.0	63.3	63.8	64.5	65.1	65.8	66.4	67.1	67.8	68.7	69.8	70.6	71.1
8	64.4	64.7	65.1	65.8	66.4	67.1	67.7	68.4	69.2	70.0	71.1	71.9	72.5
9	65.6	65.9	66.3	67.0	67.6	68.2	68.9	69.6	70.3	71.2	72.3	73.2	73.7
10	66.7	67.0	67.4	68.1	68.7	69.3	69.9	70.6	71.4	72.3	73.4	74.3	74.9
11	67.8	68.0	68.4	69.1	69.7	70.3	70.9	71.6	72.4	73.3	74.5	75.4	76.0
12	68.7	69.0	69.4	70.0	70.6	71.2	71.9	72.6	73.4	74.3	75.5	76.4	77.0
13	69.7	69.9	70.3	71.0	71.5	72.2	72.8	73.5	74.3	75.3	76.5	77.5	78.1
14	70.7	70.9	71.3	71.9	72.5	73.1	73.8	74.5	75.3	76.3	77.5	78.5	79.2
15	71.7	71.9	72.3	72.9	73.5	74.1	74.8	75.5	76.3	77.3	78.6	79.6	80.3
16	72.7	72.9	73.3	73.9	74.5	75.1	75.8	76.5	77.3	78.3	79.7	80.7	81.4
17	73.7	73.9	74.2	74.9	75.4	76.1	76.7	77.5	78.4	79.4	80.7	81.8	82.5
18	74.6	74.8	75.2	75.8	76.4	77.0	77.7	78.5	79.3	80.3	81.7	82.8	83.6
19	75.5	75.7	76.1	76.7	77.3	77.9	78.6	79.4	80.3	81.3	82.7	83.9	84.6
20	76.4	76.6	77.0	77.6	78.2	78.8	79.5	80.3	81.2	82.2	83.7	84.8	85.6
21	77.2	77.4	77.8	78.4	79.0	79.6	80.4	81.1	82.0	83.1	84.6	85.8	86.6
22	78.0	78.2	78.6	79.2	79.8	80.5	81.2	82.0	82.9	84.0	85.5	86.7	87.5
23	78.8	79.0	79.4	80.0	80.6	81.3	82.0	82.8	83.7	84.8	86.4	87.6	88.5
24	79.6	79.8	80.2	80.8	81.4	82.0	82.8	83.6	84.5	85.7	87.2	88.5	89.4
25	80.4	80.6	80.9	81.5	82.1	82.8	83.5	84.4	85.3	86.5	88.1	89.4	90.3
26	81.1	81.3	81.7	82.3	82.9	83.5	84.3	85.1	86.1	87.2	88.9	90.2	91.1
27	81.8	82.0	82.4	83.0	83.6	84.2	85.0	85.8	86.8	88.0	89.7	91.1	92.0
28	82.5	82.7	83.1	83.7	84.3	84.9	85.7	86.6	87.5	88.8	90.5	91.9	92.8
29	83.2	83.4	83.7	84.3	85.0	85.6	86.4	87.3	88.3	89.5	91.2	92.7	93.6
30	83.9	84.0	84.4	85.0	85.6	86.3	87.1	88.0	89.0	90.2	92.0	93.5	94.5
31	84.5	84.7	85.1	85.7	86.3	87.0	87.8	88.7	89.7	91.0	92.8	94.3	95.3
32	85.2	85.4	85.7	86.4	87.0	87.7	88.5	89.3	90.4	91.7	93.5	95.0	96.1
33	85.8	86.0	86.4	87.0	87.6	88.3	89.1	90.0	91.1	92.4	94.2	95.8	96.9
34	86.5	86.7	87.1	87.7	88.3	89.0	89.8	90.7	91.8	93.1	95.0	96.6	97.7
35	87.1	87.3	87.7	88.3	88.9	89.6	90.4	91.4	92.4	93.8	95.7	97.3	98.5
36	87.8	88.0	88.3	88.9	89.6	90.3	91.1	92.0	93.1	94.5	96.4	98.1	99.2

Table 7: 3^{rd} , 5^{th} , 10^{th} , 20^{th} , 30^{th} , 40^{th} , 50^{th} , 60^{th} , 70^{th} , 80^{th} , 90^{th} , 95^{th} , 97^{th} centiles for Indian preschool girls

(height range in 48cm-103cm) for weight for height.

ht 48	3rd centile 2.5	5th centile 2.5	10th centile	20th centile 2 F	e 30th centile 2.7	40th centile 2.7	50th centile 2.8	e 60th centile 2 9	70th centi 3.0	I80 th centi 3 1	90th centil	95th centi 3.3	I97th centil 3.3
48.5	2.6	2.6	2.6	2.7	2.8	2.8	2.9	3.0	3.1	3.2	3.3	3.4	3.5
49.5	2.7	2.7	2.7	2.8	2.9	2.9	3.0	3.1	3.2	3.3	3.4	3.6	3.6
50	2.8	2.9	2.9	3.0	3.1	3.1	3.2	3.3	3.4	3.5	3.6	3.7	3.8
50.5	2.9	3.0	3.0	3.1	3.2	3.2	3.3	3.4	3.5	3.6	3.8	3.9	3.9
51.5	3.1	3.2	3.2	3.3	3.4	3.4	3.5	3.6	3.7	3.8	4.0	4.1	4.2
52	3.2	3.3	3.3	3.4	3.5	3.5	3.6	3.7	3.8	4.0	4.1	4.2	4.3
53	3.4	3.5	3.5	3.6	3.7	3.8	3.9	4.0	4.0	4.1	4.2	4.4	4.6
53.5	3.5	3.6	3.6	3.7	3.8	3.9	4.0	4.1	4.2	4.3	4.5	4.6	4.7
54 5	3.6	3.7	3.7	3.8	3.9	4.0	4.1	4.2	4.3	4.5	4.6	4.8	4.9
55	3.9	3.9	4.0	4.1	4.1	4.2	4.3	4.5	4.6	4.7	4.9	5.1	5.2
55.5	4.0	4.0	4.1	4.2	4.3	4.4	4.5	4.6	4.7	4.9	5.1	5.2	5.3
56.5	4.1	4.1	4.2	4.3	4.4	4.5	4.6	4.7	4.0	5.1	5.3	5.5	5.6
57	4.3	4.4	4.4	4.5	4.6	4.7	4.8	5.0	5.1	5.3	5.5	5.7	5.8
57.5	4.4	4.5	4.5	4.6	4.7	4.9	5.0	5.1	5.2	5.4	5.6	5.5	<u> </u>
58.5	4.7	4.7	4.8	4.9	5.0	5.1	5.2	5.3	5.5	5.7	5.9	6.1	6.2
59	4.8	4.8	4.9	5.0	5.1	5.2	5.3	5.5	5.6	5.8	6.0	6.2	6.4
60	5.0	5.0	5.1	5.2	5.3	5.5	5.6	5.7	5.9	6.1	6.3	6.5	6.6
60.5	5.1	5.1	5.2	5.3	5.4	5.6	5.7	5.8	6.0	6.2	6.4	6.7	6.8
61.5	5.2	5.2	5.3	5.4	5.6	5.7	5.8	6.0	6.1	6.3	6.6	6.5	6.9
62	5.4	5.5	5.5	5.7	5.8	5.9	6.0	6.2	6.4	6.6	6.8	7.1	7.2
62.5	5.5	5.6	5.6	5.8	5.9	6.0	6.2	6.3	6.5	6.7	7.0	7.2	7.3
63.5	5.7	5.8	5.8	6.0	6.1	6.2	6.4	6.5	6.7	6.9	7.2	7.4	7.6
64	5.8	5.9	5.9	6.1	6.2	6.3	6.5	6.6	6.8	7.0	7.3	7.6	7.7
64.5	5.9 6.0	6.0 6 1	6.0	6.2	6.3 64	6.4	6.6	6.8	6.9 7 0	7.2	7.4	7.7	7.8
65.5	6.1	6.2	6.2	6.4	6.5	6.7	6.8	7.0	7.2	7.4	7.7	7.9	8.1
66	6.2	6.3	6.3	6.5	6.6	6.8	6.9	7.1	7.3	7.5	7.8	8.1	8.2
67	6.4	6.4	6.5	6.7	6.8	7.0	7.1	7.3	7.5	7.6	8.0	8.3	8.5
67.5	6.5	6.5	6.6	6.8	6.9	7.1	7.2	7.4	7.6	7.8	8.2	8.4	8.6
68.5	6.5	6.6	6.7	7.0	<u> </u>	7.2	7.3	7.6	7.8	8.0	8.3	8.5	8.8
69	6.8	6.8	6.9	7.1	7.2	7.4	7.6	7.7	7.9	8.2	8.5	8.8	9.0
69.5	6.9	6.9	7.0	7.2	7.3	7.5	7.7	7.8	8.0	8.3	8.6	8.9	9.1
70.5	7.1	7.1	7.2	7.4	7.5	7.7	7.9	8.1	8.3	8.5	8.8	9.1	9.3
71	7.2	7.2	7.3	7.5	7.6	7.8	8.0	8.2	8.4	8.6	9.0	9.2	9.4
72	7.3	7.4	7.5	7.7	7.8	8.0	8.2	8.4	8.6	8.8	9.2	9.5	9.6
72.5	7.4	7.5	7.6	7.8	7.9	8.1	8.3	8.5	8.7	8.9	9.3	9.6	9.8
73.5	7.5	7.6	7.8	7.9	8.0	8.2	8.4	8.6	8.8	9.0	9.4	9.7	9.9
74	7.7	7.8	7.9	8.1	8.2	8.4	8.6	8.8	9.0	9.2	9.6	9.9	10.1
74.5	7.8	7.8	8.0	8.1	8.3	8.5	8.7	8.9	9.1	9.3	9.7	10.0	10.2
75.5	7.9	8.0	8.1	8.3	8.5	8.7	8.8	9.0	9.3	9.5	9.9	10.2	10.4
76	8.0	8.1	8.2	8.4	8.6	8.8	8.9	9.1	9.4	9.6	10.0	10.3	10.5
77	8.2	8.3	8.4	8.6	8.8	9.0	9.1	9.3	9.6	9.8	10.2	10.5	10.7
77.5	8.3	8.4	8.5	8.7	8.9	9.0	9.2	9.4	9.7	9.9	10.3	10.6	10.8
78.5	8.5	8.5	8.7	8.9	9.1	9.2	9.4	9.6	9.9	10.0	10.4	10.7	11.0
79	8.6	8.6	8.8	9.0	9.2	9.4	9.5	9.7	10.0	10.2	10.6	10.9	11.2
79.5	8.7	8.7	8.9	9.1	9.3	9.5	9.6	9.9	10.1	10.4	10.7	11.1	11.3
80.5	8.8	8.9	9.1	9.3	9.5	9.7	9.9	10.1	10.3	10.6	11.0	11.3	11.5
81	8.9	9.0	9.2	9.4	9.6	9.8	10.0	10.2	10.4	10.7	11.1	11.4	11.6
82	9.1	9.2	9.4	9.6	9.8	10.0	10.2	10.3	10.6	10.9	11.3	11.7	11.9
82.5	9.3	9.3	9.5	9.7	9.9	10.1	10.3	10.5	10.8	11.0	11.4	11.8	12.0
83.5	9.4	9.4	9.6	9.9	10.0	10.2	10.4	10.6	11.0	11.2	11.6	12.0	12.1
84	9.6	9.7	9.8	10.0	10.2	10.4	10.6	10.9	11.1	11.4	11.8	12.2	12.4
84.5	9.7	9.8	9.9	10.1	10.3	10.5	10.8	11.0	11.2	11.5	11.9	12.3	12.5
85.5	9.9	10.0	10.1	10.4	10.6	10.8	11.0	11.2	11.5	11.8	12.2	12.5	12.8
86.5	10.0	10.1	10.2	10.5	10.7	10.9	11.1	11.3	11.6	11.9	12.3	12.7	12.9
87	10.2	10.2	10.5	10.7	10.9	11.1	11.3	11.6	11.8	12.1	12.6	12.9	13.2
87.5	10.3	10.4	10.6	10.8	11.0	11.2	11.4	11.7	11.9	12.3	12.7	13.1	13.3
88.5	10.4	10.5	10.2	10.9	11.1	11.3	11.6	11.8	12.1	12.4	12.8	13.2	13.6
89	10.6	10.7	10.9	11.2	11.4	11.6	11.8	12.0	12.3	12.6	13.1	13.5	13.7
89.5 90	10.7	10.8	11.0	11.3	11.5	11.7	11.9	12.2	12.4	12.8	13.2	13.6	13.9
90.5	11.0	11.1	11.2	11.5	11.7	11.9	12.1	12.4	12.7	13.0	13.5	13.9	14.1
91 01 F	11.1	11.2	11.3	11.6	11.8	12.0	12.3	12.5	12.8	13.1	13.6	14.0	14.3
92	11.2	11.4	11.6	11.8	12.0	12.1	12.4	12.6	13.0	13.4	13.8	14.3	14.4
92.5	11.4	11.5	11.7	11.9	12.1	12.4	12.6	12.9	13.1	13.5	14.0	14.4	14.7
93.5	11.5	11.6	11.8	12.0	12.3	12.5	12.7	13.0	13.3	13.6	14.1	14.5	14.8
94	11.7	11.8	12.0	12.3	12.5	12.7	12.9	13.2	13.5	13.8	14.3	14.8	15.1
94.5	11.8	11.9	12.1	12.4	12.6	12.8	13.1	13.3	13.6	14.0	14.5	14.9	15.2
95.5	12.0	12.1	12.3	12.6	12.8	13.0	13.3	13.5	13.8	14.2	14.7	15.2	15.5
96	12.1	12.2	12.4	12.7	12.9	13.1	13.4	13.7	14.0	14.3	14.8	15.3	15.6
90.5	12.2	12.4	12.5	12.8	13.0	13.3	13.5	13.8	14.1	14.4	15.0	15.4	15.8
97.5	12.5	12.6	12.7	13.0	13.2	13.5	13.7	14.0	14.3	14.7	15.2	15.7	16.0
98.5	12.6	12.7	12.9	13.1	13.3	13.6	13.8	14.1	14.4	14.8	15.4	16.0	16.2
99	12.8	12.9	13.1	13.3	13.6	13.8	14.1	14.3	14.7	15.0	15.6	16.1	16.4
99.5	12.9	13.0	13.2	13.4	13.7	13.9	14.2	14.5	14.8	15.2	15.7	16.2	16.6
100.5	13.1	13.2	13.4	13.7	13.9	14.0	14.4	14.7	15.0	15.4	16.0	16.5	16.9
101	13.2	13.3	13.5	13.8	14.0	14.3	14.5	14.8	15.1	15.5	16.1	16.6	17.0
101.5	13.3	13.4	13.6	14.0	14.1	14.4	14.6	14.9	15.3	15.8	16.3	16.9	17.1
102.5	13.6	13.7	13.8	14.1	14.3	14.6	14.9	15.2	15.5	15.9	16.5	17.0	17.4
103	13.7	13.8	y 14.U	14.2	. 14.5	14.7	15.0	y 15.3	15.6	i 16.U	10.6	17.4	. I7.b

DISCUSSION

The basis of the present study is that the WHO CGS 2006 are not more representative of size of children in India, since it might be noted that for the development of the WHO growth standards, WHO used 6669 children (3450 boys and 3219 girls) cross sectional and 882 (428 boys, 454 girls) longitudinal below 5 year old age data and in which only 1487 cross sectional and 174 longitudinal children data were from India, the other participating countries being Brazil, Ghana, Norway, Oman and US. Using the NFHS-3 2006 secondary data from India an attempt is made to construct local growth reference curves for preschool children aged 0-36 months from India and we intend to compare these local growth reference cut offs of malnutrition with WHO CGS 2006. It is been observed that for anthropometric indicators of wt/age, ht/age, wt/ht for Indian preschool children (boys and girls) the upper cut-offs (97th growth reference centile values) are far lower than that of WHO CGS, 2006 upper cut-offs, Which implies that overweight /obesity tallness and disproportionateness are not issues to be worried in Indian context (Figures 1-6). In the present study, for checking the validation of these local growth references for Indian preschool children weight for age, height for age, weight for height anthropometric indicators, which are useful in nutritional assessment studies and to make comparison with that of WHO CGS, 2006 we computed sensitivity and specificity for these growth references, and tested the significance of difference between malnutrition prevalence taking data of children anthropometry NNMB (19) (2005-2006).

The NNMB data consisted of 1933, 1931, 1930, 1810, 1806, 1801 anthropometric measurements of wt/age, ht/age and wt/ht of boys and girls respectively. Sensitivity and specificity values and the 2 X 2 contingency table values for local growth reference cut offs in identifying malnutrition in Indian children aged 0-36 months as compared to that of WHO CGS cut offs for wt/age, ht/age and wt/ht are computed (Table 7). The prevalence of underweight, stunted and wasted children aged 0-36 months and Z values and p values for the test of significance of difference between prevalence of malnourished children identified using local growth reference cut offs and WHO CGS 2006 cut offs from NNMB secondary data are also computed (Table 8).

Table 8: 2X2 contingencies between WHO CGS and local growth reference in classifying

GAMLSS→	Wt/a	age	Wt/a	age	Ht/	age	Ht/age		Wt/ht		Wt/ht	
WHO↓	Boy	ys	Gir	ls	Boys		Girls		Boys		Girls	
	0	1	0	1	0	1	0	1	0	1	0	1
0	1076	39	1101	55	1031	9	1014	2	1382	45	1378	45
1	7	811	3	651	43	848	44	746	19	484	13	365
Sensitivity	0.99		0.995		0.9	0.951		0.944		62	0.9	65
Specificity	0.96	55	0.93	52	0.9	91	0.99	98	0.9	68	0.9	68

children as malnourished or normal.

Note: 0 = normal; 1 = malnutrition (under weight/stunted/wasted).

Table 9: Prevalence of malnourished children from NNMB data obtained using WHO CGS and

Local growth reference of Indian boys and girls aged 0-36 months.

Growth standard	Under	weight	Stu	nted	Wasted		
/ reference ↓	Boys	Girls	Boys	Girls	Boys (Girls	
Sample size \rightarrow	1933	1810	1931	1806	1930	1801	
WHO	818(42.3%)	654(36.1%)	891(46.1%)	790(43.7%)	503(26.0%)	378(21%)	
GAMLSS(Local)	850(44%)	706(39%)	857(44.3%)	748(41.4%)	529(27.4%)	410(22.8%)	
Z value	-1.039	-1.785	1.099	1.413	-0.946	-1.29	
P value	0.2988	0.0743	0.2718	0.1577	(0.3441)	0.1971	

From the above we can infer that the sensitivity and specificity are equally high (range in 0.944, 0.995) using both the local growth reference and WHO, CGS 2006 and there is no significant difference between the prevalence of malnutrition (under weight, stunted and wasted) obtained using local growth reference and WHO, CGS 2006 from NNMB data.

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Conclusion

The present study is an effort to improve representation of children malnutrition in Indian context by developing new growth reference centiles for wt/age, ht/age and wt/ht of Indian children aged 0-36 months using GAMLSS method. Though the local growth reference data for Indian children aged 0-36 months are not fully satisfying the conditions lay down by WHO to be called a growth standard data, it was observed during our study that there were no statistically significant discrepancies in underweight, stunted and wasted prevalence when using local growth references versus WHO CGS, 2006. Therefore we concluded that the performance and potential impact of the WHO CGS, 2006 need not be evaluated further before their adoption in India. Local growth reference centiles for Indian preschool children wt/age, ht/age and wt/ht anthropometric indices obtained from NFHS- 3 cross- sectional data in the present study can be used as national growth reference for children aged 0-36 months as they are derived exclusively from the local growth reference data (Indian preschool children aged 0-36 months). The local growth references are derived in the present study using cross-sectional secondary data with varying sample sizes for different age and height groups (there are age and height groups with size less that 50 also height and length could not be adjusted (under 2 years age) by lying and standing position) and some cross check is advised at some context using longitudinal data and hospital data as well.

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